

# Healthy Campus EOS Update, Spring 2017



## Alcohol

- A total of 197 campus constituents (student leaders and staff) completed a 90-minute training in motivational interviewing.
- More than 50 students from Fraternity & Sorority Life and Club Sports participated in focus groups addressing decision making and high risk behaviors.
- A total of 144 new IFC members participated in health and wellness discussions through the inaugural IFC New Member Academy.
- In partnership with Housing, students participated in this semester's first College 101 Alcohol and Sexual Health event.
- The first training for the Raise the Bar Tally program has been scheduled for Summer 2017 in collaboration with CHAW's power-based personal violence prevention initiatives.

## Physical Health

- Coordinated healthy recipes and meal suggestions for students with items from the food pantry.
- In collaboration with Business Services, providing healthy vending items with labeling and education and piloting a 100% healthy vending machine on campus
- 60 students participated in the Body Project, two 2-hour peer to peer sessions challenging socio-cultural ideals of beauty. Nearly 500 students have completed the program since its inception at FSU.



## Mental Health

- Trained 239 Faculty and Staff and 352 students in the Noles C.A.R.E. suicide prevention program (includes 2 in-services with RA's).
- Presented to 118 Faculty and Staff (including key administrators) and 54 students to showcase the Noles C.A.R.E. program and to see how we could partner with campus groups.

## Power-based Personal Violence Prevention

- Conducted 19 Green Dot Overview speeches reaching over 550 students.
- Held three Green Dot bystander trainings with 84 students in attendance.
- Engaged in Sexual Violence Awareness and Prevention month through events and tabling across campus.
- kNOw MOE Student Advisory Board organized a panel titled, Re-Writing the Narrative on April 12th. The panel was comprised of students and staff, with 30 people in attendance.
- kNOw MORE Student Advisory Board co-hosted Take Back the Night on April 15th with over 50 students in attendance.

## Sexual Health

- Provided sexual health presentations to nearly 1800 students at events including "Breaking Ground," a collaboration with the Women's Student Union, and "Prep Yourself Against STI's", a collaboration with the Florida Department of Health.
- Collaborated with the FSU Libraries to conduct "Ask the Sexpert" events, an opportunity for students to ask questions about sexual health.
- Collaborated with UHS medical staff to facilitate presentations on "How to Speak to Students About Sex."
- Collaborated with Neighborhood Health, a community based non-profit health organization to provide outreach Free HIV testing at FSU.
- Provided 206 free HIV tests funded through SGA.