Healthy Campus Fall 2017



Alcohol & Other Drugs

• CHAW and University Counseling Center screened over 320 students for alcohol use disorder risk factors and provided brief counseling and intervention.

• Trained over 150 student leaders, including resident assistants and sports club officers, in using motivational interviewing to address high-risk behavior.

• Partnered with University Housing and Seminole Dining to provide ATOD outreach education reaching over 500 students.

• Conducted a Raise the Bar bystander intervention with 30 staff members from Recess Nightclub.

• 5,536 (82%) first year and transfer students completed AlcoholEdu, the online alcohol education program in the summer and fall.

Physical Health

70 students participated in the 2-2 hour peer facilitated Body Project where students challenge the sociocultural ideals of beauty and masculinity and discuss solutions to improve body satisfaction this fall. To date, 109 students have been trained.
Over 100 students participated in Love Your Body Day event.

• Partnered with Business Services to increase healthy snack options on campus by labeling designated Healthy Options vending machines.

Sexual Health

- Reached 2,843 students through 57 classroom presentations, 11 resident hall presentations, and 6 collaborative events.
- Launched the STI Fast Track Screening Clinic servicing 79 students.
- Partnered with Neighborhood Medical Center to offer free HIV and Syphilis testing through their mobile clinic once a month at Market Wednesday.

Mental Health

• Trained 837 students and 680 staff in the Noles C.A.R.E. suicide prevention program since August 2016.

- Attended statewide Counseling Center and Health Promotion Director mental health planning meeting in Boca Raton, FL. Discussed state-wide adoption of the Okanagan Charter, an International Charter for Health Promoting Universities and Colleges.
- Implemented Courtesy Assists from Medical Response Unit for urgent mental health referrals to UHS from UCC to ensure timely and efficient appointments for students.

Power Based Personal Violence Prevention

• 103 students were trained through the Green Dot Student Bystander Training this fall. To date, 376 students have been trained and 2,064 members of the FSU community have heard a Green Dot Overview.

- Over 900 students participated in a sexual violence prevention or healthy relationship program.
- The kNOw MORE Student Advisory Board hosted a series of guest speakers from Title IX, Victim Advocate Program and the FSU Police Department at their general body meetings.
- The Trauma Informed Care workgroup (CHAW, UHS; UCC; College of Education and College of Social Work) applied for an internal multidisciplinary grant to understand current trauma informed practices and how a training curriculum can be developed for FSU.
- 5,440 (81%) first year and transfer students, completed Haven, the online sexual assault prevention education program this summer and fall.