

Healthy Campus Mid-Semester Update, Fall 2014



Alcohol

- Addressing the increase in Marchman Acts through identification of best practices and policies
- Developing process for Medical Staff to identify high risk behaviors during patient visits in UHS
- Identifying best training protocols to reduce high risk behaviors for Resident Assistants

Eating Disorders

- Disseminating the Body Project, an evidenced-based body image program designed to help college women resist cultural pressures to conform to the thin-ideal standard of female beauty. Nearly 100 FSU students have completed the 4-hour peer based program this semester



Body Project Facilitators, 2014

Mental Health

- Developing mental health video – narratives of students who benefitted from on campus mental health services
- Identifying best practices to assist faculty in identifying and referring high risk students.
- Developing comprehensive plan to encourage help seeking on campus

Physical Health

- Implementing the Partnership for Healthier America's Healthier Campus Initiative program at FSU.
- Identifying goals and objectives to assist students in getting regular, adequate sleep

Sexual Health

- Coordinating a sexual health awareness event "Condom Bingo" with Pride Student Union
- Identifying faculty and staff whose research area or interest is in sexual health or sexuality
- Identifying locations on campus where free condoms can be accessed and distributed
- Developing a sex positive workshop series entitled "Real Sex, Real Talk". The first workshop will be in November

Sexual Violence

Prevention Taskforce

Continuum of Care Subcommittee

- Identify current campus data collection around sexual violence and creating a data dashboard
- On September 15, 2014 launched Think About It, new student interactive online sexual violence prevention course
- Monitor the progress of peer groups: Men Advocating Responsible Conduct (M.A.R.C) and NOle MORE

Curriculum Development Subcommittee

- Identified twelve universities to review their education, training, and direct services related to sexual violence
- Comparing Human Resources staff trainings and student trainings to ensure consistent messaging
- Review Campus Conversation: kNOw MORE and Florida Center for Prevention Research peer facilitated trainings and analyze student feedback
- Kori Pruett and Annelise Mennicke were awarded the Avon Foundation for Women Grant to develop bystander intervention trainings

Marketing Subcommittee

- Launched the “#kNOwMORE: Ask. Respect. Don’t Expect.” campaign during Civility Week on September 3, 2014
- Outlets: billboards, vinyl banner, yard signs, poster, handbills, door hangers, buttons, SLC slide, online advertising, and social media
- WSU has used the #kNOwMORE platform to create two videos, one with student leaders and another about bystander intervention

Tobacco and Other Drugs

- Discussing evidence-based best practices related to Adderall, marijuana and hookah use/abuse and how to best apply these practices
- Developing an on-line reporting system for tobacco policy violations and a training module to help individuals mediate violations in their respective areas



Save the Date:

In-person Semester wrap-up
December 9, 9:00 - 11:00 am; HWC