Healthy Campus Mid-Semester Update, Fall 2015



Alcohol, Tobacco, & Other Drugs

• The \$10,000 Miller Coors grant was used to provide alcohol prevention education at four campus sponsored events that thousands of students attended; and roughly 500 students participated directly in high risk drinking prevention education.

• Provided alcohol prevention education and risk reduction information at Friday Night Bites (Student Activities) and at Housing's Haunted House to over 250 students.

• 3670 (67%) first year and new transfer students completed AlcoholEdu, the on-line alcohol education program.

Sexual Violence Prevention Taskforce

• Received a \$614,584.00 5-year grant from the Department of Health to fund the implementation of Green Dot, a sexual violence prevention, bystander intervention program.

• Received a \$10,000 grant from Avon to fund bystander intervention initiatives on campus

• Coordinated Community Response Team established goals and objectives for the Response, Advisory, and Prevention Committees.

• Over 250 students attended a kNOw MORE event on September 16th at the Student Union that promoted survivor support, bystander intervention and a proactive culture change

• 3725 (68%) first year and new transfer students completed Think About It, an interactive, online sexual violence prevention program.

Mental Health

• The UCC took the lead with others to develop flyers with "Five Reasons to go to Counseling" in ten different languages. These are displayed throughout the GLOBE and are distributed at International Coffee Hour.

• Committee is reviewing applicants and selecting final candidates for the grant funded Suicide Prevention Coordinator Position.

Sexual Health

• Collaborated with Student Government to provide 300 free HIV tests to students during the 2015-16 school year

• Presented three "Sex, Books and Coffee Talk" discussions in the Libraries on campus along with five additional opportunities for students to ask sexual health questions to the "Sexpert" -roughly 200 students participated.

• Real Talk Real Sex: More than 80 students attended "The Art of Foreplay" a sexual health discussion where 98% "learned something new" and "want to participate again" and 84% said this event "helps them make better decisions."

Physical Health

• Free fitness and nutrition information is provided by trained students in the Dining facilities weekly. Students have advised more than 300 of their peers on healthy tips.

• FSU celebrated Love Your Body Day on October 22nd in the Student Union - more than a dozen student organizations took part.

• Nearly 80 students participated in the 4 hour peer facilitated Body Project this semester. Students challenge the sociocultural ideals of beauty and masculinity and discuss solutions to improve body satisfaction. To date, over 300 students have participated and 40 students have completed the 2-day Facilitator training.