

## Mental Health

- The new Suicide Prevention Coordinator started and initiated collaboration and partnerships with over 30 Academic Departments, Student Organizations, and other groups on campus while gathering information on global campus needs related to student distress.
- The University Counseling Center launched the first set of workshops “Habits of Happy People” intended to help build student resiliency. Partnered with Dr. Swanbrow Becker’s research team to conduct training and research for RAs on suicide prevention.
- RENEW (Peer Educators) - Hosted ‘Be Happy’, their first campus outreach event! This event collaborated with 11 campus partners, including the new Active Minds Chapter. The event featured activities designed to promote resiliency, connectedness, self-care, and relaxation.
- The REACH committee, University Counseling Center focuses on reaching out to diverse populations, and participated in their first outreach at the Globe’s International Coffee Hour.

## Physical Health

- Collaborated with the Eating Disorder Treatment Team and others to develop an FSU Eating Disorder Protocol advising students, faculty and staff on appropriate steps on how best to intervene with students with eating disorders.
- More than 300 students have participated in Healthy Cooking classes facilitated by Campus Recreation Wellness student staff and Center for Health Advocacy nutrition student staff.
- Facilitated two large events, National Eating Disorders Awareness Week (February) and Nole Your Health (March) reaching hundreds of students with health & wellness messages.
- Over 90 students completed the four hour peer facilitated Body Project this semester, challenging the socio-cultural ideals of beauty and masculinity and discussing solutions to improve body dissatisfaction. To date, over 400 students have completed this program and more than 40 students have completed the 2-day Body Project training.



*Body Project Facilitators*

## Alcohol, Tobacco, & Other Drugs

- Developed alcohol and high risk prevention education for the Recognized Student Organization (RSO) online module that over 600 students will complete each semester.
- This Spring 78% of first year students completed Alcohol EDU, the online alcohol education program, bringing the total completions for the 2015-16 year to 4,182.
- Over 2,300 students reached in alcohol and other drug presentations in the Greek community.
- Spearheaded by FSU Athletics, a social media campaign addressed safety around alcohol use prior to spring break and St. Patrick’s Day.

## Sexual Violence Prevention Taskforce

- Think About It was disseminated to all incoming first year and transfer students. Of the 1,114 invited students, 624 completed the course (54.5%).
- Healthy Relationships Week was February 8th - February 12th. Over 150 students attended six events over the course of the week and celebrated the relationships that are important to them.
- Through the Florida Department of Health grant, Jose Carval was hired as our Green Dot coordinator and is responsible for implementation of Green Dot on our campus.
- On March 25th, Green Dot was officially launched on our campus with over 150 people in attendance. The launch took place at Westcott and included speakers and interactive activities.
- Launched the [knowmore.fsu.edu/greendot](http://knowmore.fsu.edu/greendot) website, which features an interactive map where Florida State community members can report their Green Dots.



*Green Dot Launch & Marketing Material*



## Sexual Health

- Received \$1,000 from SGA to expand condom distribution refill within Dirac and Strozier to twice a week.
- Successfully collaborated with the Interfaith Counsel to create God Loves Good Sex, a panel with 6 Christian denominations represented discussing the intersection of faith and sexuality.
- Created a 36 page comprehensive guide to safer sex, relationships, and reproductive health for trans or non-binary people and their partners.
- Reached over 600 students in various outreach events, programs, and presentations.



*God Loves Good Sex*